

RELATIONSHIP COURSE

~ LEARN HOW TO DEVELOP INTIMATE RELATIONSHIPS ~

Strategies to Create Emotional Depth in Relationships.

'The Relationship Course,' provides strategy to help partners in relationships reach their highest potential. This change group focuses on proven techniques that have helped thousands of marriages for over 25 years. The research, interactive exercises and information shared will give you the tools needed to improve your relationship. Sign up today.

A Few Relationship Workshop Tips:

- **Seek Help Early** - Average couples wait 6 years before seeking help.
- **Edit Yourself** - Avoid saying every critical thought.
- **Apologize More Effectively** - Bring up problems gently/without blame.
- **Accept Influence** - How well are you accepting sudden changes?
- **Have High Standards** - Have a level of tolerance for bad behavior.
- **Know When to leave an Argument** - Happy couples know how to repair the situation before an argument gets completely out of control.
- **The Bright Side** - Say positive statements to and about each other.

'The philosophies taught on relationships were easy to understand and the simple changes have helped our marriage.'

WHEN/WHERE:

Blomquist Hale Consulting Offices

860 E. 4500 S. Suite 202, Salt Lake City, UT

\$275 - Normal tuition. Tuition waived to employees and employee dependents covered through Blomquist Hale EAP program through employer.

SIGN UP: Go online to the Blomquist Hale Consulting website today at www.blomquisthale.com.

801-262-9619



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