

# PARENT TRAINING PROGRAM

## Valuable Insight on How to be a More Effective Parent.

You love your children. Yet, at times the role of a parent has challenges. The **Parent Training Program** is based on values & studies that give results.

**Value 1: Respect** - Parent and Children need to show a level of respect.

**Value 2: Empathy** - Be aware of the needs of others and take positive action.

**Value 3: Personal Power** - Children need opportunities to make good choices.

**Value 4: Discipline** - Parents need to create an effective discipline model.

**Value 5: Humor** - Promote happiness and laughter.

## The Parent Training Program will help you learn to:

- **Develop a Behavior Management Plan**
- **Provide Clear, Consistent Expectations**
- **Set up Effective Discipline Systems**
- **Assist Child with Social Issues**
- **Identify Strengths and Develop Self Esteem**
- **Develop "Special Time"**

## WHEN/WHERE:

**Blomquist Hale Consulting Offices**

**860 E. 4500 S. Suite 202, Salt Lake City, UT**

\$275 - Normal tuition. Tuition waived to employees and employee dependents covered through Blomquist Hale EAP program through employer.

**SIGN UP:** Go online to the Blomquist Hale Consulting website today at [www.blomquisthale.com](http://www.blomquisthale.com).

801-262-9619

*'Sometimes the smallest changes in parenting techniques have the greatest impact.'*



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EMPLOYEE ASSISTANCE PROGRAM (EAP)

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